



The Sprouts

at A Child's University Smithfield

7:30 to 8:45 **Arrivals / Center Play** : as teachers arrive - break into two groups
the Sprouts classroom combines in the Seedlings room from 7:00 to 7:30

8:45 to 9:00 **Clean Up / Diaper Changes Done if Needed / Hand Washing**

9:00 to 9:30 **Outdoor Play** [weather permitting]

9:30 to 10:00 **Morning Snack / Clean Up / Hand Washing**

10:00 to 11:00 **Group One** : Arts and Crafts
Group Two : Sensory
Groups One & Two : Manipulative Play
Groups One & Two : Circle Time

11:00 to 11:30 **Diaper Changes / Center Play**

11:30 to 12:00 **Hand Washing / Lunch**

12:00 to 12:30 **Diaper Changes / Settle for Nap**

12:30 to 2:30 **Nap / Rest** [diaper changes as children wake]

2:30 to 2:50 **Cot Clean Up / Table Toys**

2:50 to 3:30 **Diaper Changes / Hand Washing**

2:50 to 3:30 **While a Teacher Changes Diapers /
Children Engage in Cooperative Play / One Afternoon Activity**

3:30 to 4:00 **Afternoon Snack / Clean Up**

4:00 to 4:30 **Outdoor Play** [weather permitting]

4:30 to 5:15 **Wash Hands / Afternoon Circle Time / 2nd Afternoon Activity**

5:15 to 5:00 **Quiet Activities** [story time, puppets, books on tape]

each activity includes ample time for the children to transition to the next activity

